

Fun and Easy Team Building Ideas

1st September 2021

Everyone has a preference when it comes to working as part of a team. Some people thrive in collaborative settings, while others would prefer to work independently. Whatever your comfort zone, the reality is that working as part of a team is an inevitable part of contemporary work-life. Building a successful and healthy team takes commitment and ongoing attention. Below are some ideas to improve the atmosphere and efficiency when working together.

Engage in ice breakers and collaboration games. Some people may groan at the mention of ice breakers, but they can be a very effective way to develop camaraderie among colleagues. Games, such as a scavenger hunt or office trivia, can be a great way of reminding everyone that they are on the same side while lightening the mood and bringing people closer together.

Socialise together. Another great way to strengthen a team is to engage in social activities outside the workplace. Going out for lunch, going bowling, or seeing the latest blockbuster as a group can be fun and certainly encourage positive relationships in the office. These social activities allow colleagues to relax and interact in a more casual setting. And that stress-free atmosphere can carry over into the office. If meeting in person is not possible, try an afternoon tea break or a virtual cooking class over video link.

Make the most of collaboration tools. Encourage the team to keep one another informed and up to date on the current state of collaborative projects with software such as Trello or Smartsheet. Low tech, offline tools, like a weekly team huddle or ten-minute status updates, can also do wonders for team building. Implementing one of these can make keeping everyone on the same page much easier and faster and will also have the added benefit of reducing confusion and conflict.

Prioritise regular communication. Good communication between team members is needed for team engagement. Hold weekly “fireside chats”—sessions where members have an opportunity to voice their feelings and concerns. This may feel awkward at first but, as long as everyone remains respectful, it’s a great way to catch potential problems early and put a stop to them before they snowball into something much more difficult to manage.

A happy and cohesive team is greater than the sum of its parts as each member brings unique skills and experiences to the group, leading to greater efficiency and employee

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satisfaction. Remember to make team building an ongoing project. Do something that encourages and supports collaboration regularly to keep the team strong. When groups are performing at their best, working together can be a joy, so make team building a priority and reap the benefits of collaboration.